OUR LADY OF MOUNT CARMEL CHURCH

23-25 Newtown Avenue, Astoria, NY 11102
Tel. 718.278.1834 | www.mountcarmelastoria.org

Pastoral Staff

Pastor
Rev. Msgr. Cuong M. Pham

Parochial Vicars
Rev. Michael McHugh
Rev. Hung Sy Tran

Permanent Deacons
Deacon Ruben Mendez
Deacon Jacob Rodriguez

Parish Manager
Celeste Stewart
cstewart@diobrook.org

Religious Ed Coordinator
Nelly Gutierrez
ccdmountcarmel@gmail.com

Parish Secretary
Luis Sanchez
Lsanchez@diobrook.org

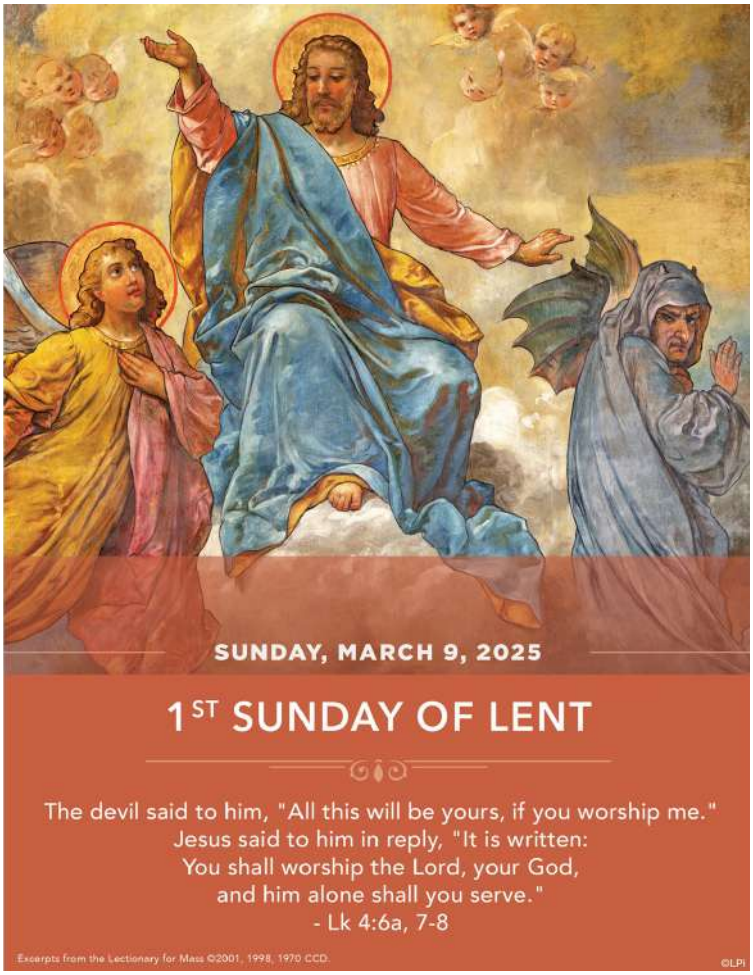
Music Director
Lucille Mascia

Youth Minister
Dayonel Mejia

Mass Times

Saturday	5:00 PM (Vigil Mass)
Sunday	Main Church: 8:00 AM (English) 9:30 AM (Bilingual) 11:00 AM (English) 12:30 PM (Spanish) 3:00 PM (Vietnamese) Chapel: 9:00 AM (Italian) 10:30 AM (Czech-Slovak)
Weekdays	8:00 AM and 12:00 Noon
Saturday	8:00 AM
First Fridays	7:30 PM (Spanish)
Holy Days	8:00 AM, 12 PM (English) and 7:30 PM (Bilingual)
Holidays	Only one Mass at 9:00 AM

Live-streamed Masses can be accessed on our website



Confessions:
Saturday 3:30pm—4:30pm (Chapel)

Church Hours:
Weekday: 7:00am—7:00pm
Saturday: 7:00am—6:00pm
Sunday: 7:00am—4:00pm

Office Hours
Weekday:
9:00am—12:00 Noon
1:00pm—8:30pm

Saturday:
9:00am—5:00pm

Follow us on Social Media:
@OLMCAstoria

Mass Intentions

SATURDAY, MARCH 8 ***(Saint John of God)***
8:00am Ed Moser
5:00pm Msgr. Perfecto Vazquez, Nikola Telesmanic *(4th Anniversary),* Pearl Odu

SUNDAY, MARCH 9 ***(First Sunday of Lent)***
8:00am Mariela Gasca & Familia
9:00am Maddalena Giampino
9:30am Basilio Rosario
11:00am Alfred Caridi
12:30pm Zaida Palaguachi, Manuel Jesús Mayancela, Zoila Lliguichuzhca, Guillermo Macías Castillo, Santiago Carty Reyes *(4º Aniversario),* Rand Edwards *(Por su Sanación)*
3:00pm For the People of the Parish

MONDAY, MARCH 10
8:00am Leonardo DiVittorio
12:00pm Guillermo Macias Castillo

TUESDAY, MARCH 11
8:00am Rick Schroder & Ramon de Leoz, Jr.
12:00pm Florence Palazzolo

WEDNESDAY, MARCH 12
8:00am Mary Gregg *(2nd Anniversary)*
12:00pm Anthony Servini

THURSDAY, MARCH 13
8:00am San Jose Gregorio Hernandez
12:00pm Holy Souls in St. Mary's Cemetery, Flushing

FRIDAY, MARCH 14
8:00am Cristobalina & Carmen Sension
12:00pm John Thu Pham

SATURDAY, MARCH 15
8:00am Giuseppe & Bernarda DiLorenzo
5:00pm Alfred Caridi, Frances & Walter Meehan, Pearl Odu, Emiliano Hernandez (23 Anniversary) Ofelia Tlatelpa Perez (12th Anniversary)

SUNDAY, MARCH 16 ***(Second Sunday of Lent)***
8:00am Deceased Members of the Doronila & Castroverde Families
9:00am San Giuseppe primo giorno Triduo
9:30am Carlos Javier
11:00am Frank & Nicoletta Todisco
12:30pm José Antonio Centeno, Feliciano Verdejo, Refugio Garcia, Pedro Garcia Salas, Blanca Lavayen Jarrin *(2º Aniversario),* Tino Serrano en su 4º Aniversario, Lucia Briones celebrando su 4º Cumpleaños
3:00pm For the People of the Parish

UPCOMING SECOND COLLECTION

March 9, 2025- There will be a second collection after communion for Black & Indian Missions. Thank you for your generosity.

March 23, 2025– There will be a second collection after communion for our parish maintenance. Your generosity enables us to maintain parish spaces in good condition.

MEMORIAL OPPORTUNITIES

The Altar Candles are being offered for ***the Souls in Purgatory***

The Tree of Life: (east wall of the church vestibule)
Gift categories include:

Silver Leaf:	$ 500.00
Gold Leaf:	$1,000.00
Gold Rock at Base of Tree:	$2,500.00
Weekly Altar Flowers:	$100.00
Weekly Altar Bread and Wine:	$40.00
Weekly Sanctuary Lamp:	$30.00
Weekly Altar Candles:	$20.00

INFANT BAPTISM/ BAUTISMOS

Please call the office to make an appointment to speak with Deacon Jacob to register your child for Baptism. Please bring the birth certificate to the initial meeting.

Preparation Meeting Tuesday—6:00pm—Institute	**Baptism Ceremony 12:00pm—Upper Church**
March 18, 2025	March 22, 2025
NO CLASS AVAILABLE	*NO ENGLISH BAPTISMS*
May 20, 2025	May 24, 2025
June 24, 2025	June 28, 2025
July 22, 2025	July 26, 2025
Reunion de Preparacion Martes—6:00pm—Instituto	**Ceremonia de Bautismo 12:00pm—Iglesia de Arriba**
4 de Marzo 2025	8 de Marzo 2025
8 de Abril 2025	12 de Abril 2025
NO CLASE DISPONIBLE MAYO	*NO BAUTISMOS EN MAYO*
10 de Junio 2025	14 de Junio 2025
8 de Julio 2025	12 de Julio 2025

GROUPS AND SOCIETIES AT OUR PARISH INSTITUTE

Sunday, March 9

9:30am—11:00am	Grupo de Amistad #5	*Assumption*
9:30am—10:30am	Grupo de Amistad #14	*Nazareth*
10:00am—11:00am	Grupo de Amistad #9	*Balcony*
10:00am—12:00pm	Spanish OCIA	*Upper Room+ Fatima*
10:00am—12:30pm	Cursillo	*Guadalupe A/B*
10:00am—1:00pm	Czech Community	*Lourdes A/B*
2:00pm—6:00pm	Practica Via Crucis	*Guadalupe A/B*

Monday, March 10

7:00am—6:00pm	TYWLS+ Event	*Gym*
6:00am—9:00pm	Practica de Coro	*Guadalupe A/B*
6:00pm—9:00pm	CYO	*Gym*

Tuesday, March 11

7:00am—4:00pm	TYLWS	
5:30pm—7:00pm	Mariachi	*Balcony*
6:00pm—9:00pm	CYO	*Gym*
6:00pm—9:00pm	Marriage Encounter	*Guadalupe A/B+ Fatima*
7:00pm—9:00pm	Coro #1	Nazareth

Wednesday, March 12

7:00am—4:00pm	TYWLS	*Gym*
4:00pm—7:30pm	Religious Education	*All Rooms*
7:30pm—9:00pm	CYO	*Gym*
8:00pm—10:00pm	Knights of Colombus	*Guadalupe A/B*

Thursday, March 13

7:00am—5:00pm	TYWLS	*Gym*
10:00am—11:30am	Legion of Mary	*Guadalupe B*
5:30pm—7:30pm	Religious Education	*All Rooms*
7:30pm—9:00pm	CYO	*Gym*

Friday, March 14

7:00am—4:00pm	TYWLS	*Gym*
10:00am—11:30am	Porque Ser Catolico?	*Lourdes A/B*
5:00pm—10:00pm	CYO	*Gym*
6:30pm—9:00pm	Practica de Instrumentos	*Fatima*
6:30pm—9:00pm	OLMC Youth Group	*Guadalupe A/B*
7:00pm—9:00pm	OCIA Class	*Lourdes A/B*

Saturday, March 15

9:00am—9:00pm	CYO	*Gym*
9:00am—12:30pm	AA Meeting	Guadalupe *A/B*
10:00am—12:00pm	Spanish Children's Choir	*Fatima*
4:00pm—9:00pm	Adult Sewing Group	*Lourdes A/B*
5:00pm—7:00pm	Bilingual Choir Practice	*Nazareth*
5:00pm—7:00pm	Ministerio de Consolacion	*Fatima*
6:00pm—9:00pm	Via Crucis Choir	*Guadalupe A/B*

PRAYER FOR POPE FRANCIS

The priests and faithful of Our Lady of Mount Carmel Church unite with everyone worldwide in prayer for our Holy Father, Pope Francis, as he undergoes medical care for a critical illness. We lift him up, asking the Lord to grant him strength, healing, and peace. May Our Lady keep him safe under her loving protection.

ORACIÓN POR EL PAPA FRANCISCO

Los sacerdotes y fieles de la parroquia de Nuestra Señora del Monte Carmelo se unen en oración con todo el mundo por nuestro Santo Padre, el Papa Francisco, quien atraviesa un momento delicado de salud. Pedimos al Señor que le conceda fortaleza, sanación y paz. Que Nuestra Santísima Virgen lo cubra con su manto y lo proteja.

MASS ATTENDANCE RECORD

Weekend of March 1-2	Number of Attendees
5:00pm English Vigil	140
8:00am English	111
9:00am Italian	64
9:30am Bilingual	148
10:00am Czech	21
11:00am English	216
12:30pm Spanish	364
3:00pm Vietnamese	94

WEEKLY MASS OFFERINGS

REGULAR CONTRIBUTIONS FOR MARCH 1 & 2

Last Sunday: $6,510 Same Week Last Year: $5,584

Faith Direct

February 2025: $5,455 February 2024: $4,897

ROSARY SOCIETY NEWS

The next Rosary Society meeting will take place on **April 6, 2025** at the conclusion of the bilingual Mass in the Lourdes Room in the Parish Institute. $3.00 per person is the donation for refreshments. Yearly dues are $10.00 per person. All ladies over age 15 are invited to join. Bring a friend!

FIRST FRIDAY EUCHARISTIC ADORATION

Spiritual writers speak of Adoration of the Blessed Sacrament as "the Mass held in contemplation." As a way of encouraging devotion to the Eucharist, we invite all parishioners to come and spend some time before the Real Presence of the Lord on **Friday, April 4, 2025**. Exposition and Adoration will take place right after the 8:00am Mass and will conclude with Solemn Benediction before the start of the 12 Noon Mass.

FROM THE PASTOR'S HEART

March 9, 2025

Brothers and sisters in Christ,

The desert is calling. Lent has begun, and the Holy Spirit is leading us into the wilderness—not to break us, but to make us. Not to destroy us, but to renew us. Not to burden us, but to set us free. For forty days, we are given the chance to follow Jesus into the desert, to stand firm against temptation, and to come out stronger, purified, and ready for resurrection life.

The word Lent means "springtime" in Old English—a time of new growth. But before we see the blossoms of Easter, we must first experience the barrenness of the desert. In Latin, *lente* means "slowly." Lent is a call to slow down, to strip away distractions, to silence the noise, and to meet God in the raw honesty of our hearts.

The Gospel today reveals a powerful truth: temptation is real, but so is the victory of Christ (cf. Lk. 4:1-13). Before Jesus begins His public ministry, the devil confronts Him with three deadly temptations—the same ones that whisper to us every day.

The first is the temptation to satisfy ourselves instead of trusting God. The devil tells Jesus, "Turn these stones into bread." How often do we feel this same pull? We hunger—not just for food, but for comfort, pleasure, security. The world tells us, "If you crave it, take it!" But Jesus stands firm: "Man does not live by bread alone, but by every word that comes from the mouth of God."

The second is the temptation to seek power instead of serving. The devil shows Jesus the kingdoms of the world and promises, "All of this can be yours—just worship me." How many times have we been tempted to chase success, to crave recognition, to hunger for control? The devil promises us everything, but at a price—our peace, our integrity, our very souls. Jesus refuses. He does not grasp at power—He surrenders to the Father's will. And in doing so, He is exalted above all things.

The third is the temptation to test God instead of trusting Him. The devil tells Jesus, "Throw yourself down from this temple—God will catch you." It is the temptation to demand proof, to bargain with God, to say, "I will believe if You do this for me." But faith does not work that way. Jesus does not test His Father—He trusts Him completely. And so must we.

These are not just stories from long ago. These temptations are alive in us today. We are tempted to fill our emptiness with distractions rather than with God. We numb ourselves with food, entertainment, social media, work, noise—anything to avoid silence, anything to avoid facing ourselves. Yet Lent calls us into the desert. Lent calls us to fast—not just from food, but from the things that control us so we can become free. Lent calls us to pray—not just with words, but in silence, where God speaks in the depths of our souls. Lent calls us to give—not just from our excess, but from our very hearts, so that we learn to love as Christ loves.

Lent is not about proving how strong we are. It is about realizing how much we need God. It is about standing before Him in our weakness and letting Him be our strength. It is about sitting in the ashes and waiting—waiting for the moment when the tomb will burst open, when darkness will give way to light, when death itself will be defeated.

We began this journey on Ash Wednesday, when the sign of the cross was traced on our foreheads. Those ashes were not a mark of shame, but a sign of hope. They remind us that we are dust, yes—but we are dust that will rise. And so, we walk forward with courage. We walk into the desert with Jesus, knowing that beyond the desert lies the promise of resurrection.

May this Lent be a time of true renewal for each of us. Let us fast with purpose, pray with sincerity, and give with generous hearts. And when Easter morning comes, may we rise with Christ, ready to embrace the new life He has won for us.

With every blessing,

Msgr. Cuong M. Pham

DEL CORAZON DEL PASTOR

9 de marzo, 2025

Queridos hermanos y hermanas en Cristo,

El desierto nos llama.

La Cuaresma ha comenzado, y el Espíritu Santo nos guía a un tiempo de prueba, no para castigarnos, sino para fortalecernos. No para hundirnos, sino para renovarnos. Durante cuarenta días, tenemos la oportunidad de caminar con Jesús, resistir la tentación y salir más fuertes, purificados y listos para la resurrección.

La palabra Cuaresma significa "primavera", un tiempo de renovación. Pero antes de la Pascua, debemos pasar por el desierto. En latín, *lente* significa "despacio", porque Dios nos invita a frenar, hacer silencio y encontrarnos con Él. En un mundo que nos empuja a la prisa y el ruido, la Cuaresma es un llamado a despojarnos de lo superficial y volver a lo esencial: nuestra relación con Dios.

El Evangelio de hoy nos recuerda que la tentación es real, pero la victoria de Cristo también lo es (cfr. Lc. 4,1-13). Jesús enfrenta tres tentaciones, las mismas que vivimos hoy.

La primera es buscar saciar nuestras necesidades antes que confiar en Dios. El diablo le dice a Jesús: "Convierte estas piedras en pan." ¿Cuántas veces caemos en este engaño? Buscamos llenarnos con comida, placer, poder o dinero, creyendo que eso nos dará paz. Nos refugiamos en lo inmediato, pero el alma sigue vacía. Jesús responde con firmeza: "No solo de pan vive el hombre, sino de toda palabra que sale de la boca de Dios."

La segunda es buscar poder en lugar de servir. El diablo le ofrece a Jesús todos los reinos del mundo, a cambio de adorarlo. También a nosotros nos seducen el éxito, el reconocimiento, el deseo de control. Queremos ser importantes, pero en el intento podemos perder lo más valioso: la paz, la familia, la vida espiritual. Jesús nos muestra que la verdadera grandeza está en la humildad y la entrega.

La tercera es poner a prueba a Dios en vez de confiar en Él. A veces exigimos señales, le reclamamos a Dios cuando la vida es difícil o nos alejamos cuando las cosas no salen como queremos. Pero la fe no es un contrato donde Dios tiene que cumplir nuestras condiciones. Jesús confía plenamente en el Padre, y así debemos hacerlo nosotros.

Estas tentaciones no son solo historias del pasado. Siguen vivas en nosotros hoy. Nos dejamos llevar por la distracción, el ruido, las pantallas, el consumismo… cualquier cosa para evitar el silencio y el encuentro con Dios. Pero la Cuaresma nos llama a algo diferente. Nos llama al desierto, no para perdernos, sino para encontrarnos con el Señor. Nos invita a ayunar, no solo de comida, sino de todo lo que nos esclaviza. Nos llama a orar, no solo con palabras, sino con el corazón. Nos motiva a dar, no solo de lo que nos sobra, sino con amor y sacrificio.

Este tiempo no es para demostrar nuestra fuerza, sino para reconocer cuánto necesitamos a Dios. Es el momento de abrir el alma, de dejar que Él nos sane y nos transforme. Es el tiempo de prepararnos, porque algo grande viene: ¡la victoria de Cristo sobre la muerte!

Iniciamos este camino el Miércoles de Ceniza, cuando la cruz fue marcada en nuestra frente. Esas cenizas no son una marca de tristeza, sino un signo de esperanza. Nos recuerdan que somos polvo, sí, pero polvo destinado a resucitar. Por eso, avancemos con valentía en este tiempo santo. Caminemos con Jesús, sabiendo que después del desierto, después del sacrificio, después de la cruz, nos espera la Pascua gloriosa.

Que esta Cuaresma nos ayude a despertar, a dejar atrás todo lo que nos aleja de Dios y a renacer en su amor. Y que, cuando llegue la mañana de la resurrección, podamos levantarnos con Cristo, renovados, llenos de su luz y preparados para la vida nueva que Él nos ofrece.

Con todo mi cariño y mis oraciones,

Mons. Cuong M. Pham

FEAST OF SAINT JOSEPH

The Italian Community of Our Lady of Mount Carmel of Astoria, and the Saint Joseph Congregation invites everyone to come and celebrate a Mass in Honor of Saint Joseph on Wednesday, March 19, 2025 at 10:00am. The Mass well be celebrated in Italian. The bread will be distributed after the Mass.

STATIONS OF THE CROSS

You are cordially invited to participate in our parish's celebration of the Stations of the Cross/Via Crucis. **This devotion is held in English every Friday during Lent right after the 12 Noon Mass in the chapel.** Booklets will be provided for all participants. Come to retrace the steps of Jesus, to know the depth of His love for you!

YOUTH PILGRIMAGE TO ROME STILL NEEDS YOUR HELP!

The parish **Youth Group are still** raising funds for their **pilgrimage to Rome for the 2025 Jubilee Year.** It is a chance to deepen their faith, explore the heart of the Catholic Church, and experience the beauty of the Vatican, St. Peter's Basilica, and the Holy Doors. For many of them, it will be their first time traveling abroad and diving into such a powerful spiritual journey.

They have been working hard with bake sales, car washes, and events to help make this dream a reality, but they still need your help them meet their goal! **Every dollar counts and even if you can't donate, sharing this campaign with friends and family could help.** Thank you for supporting our journey!

PLEASE VISIT THE LINK FOR OUR GOFUND ME PAGE: https://gofund.me/396964c1

LEGION OF MARY

OUR LADY OF THE MOST BLESSED TRINITY
NORTHWEST QUEENS CURIA
59th ACIES

Acies is 'a ceremony in which the legionaries as a body assemble to renew their fealty to Mary, Queen of the Legion, and from her to receive strength and blessing for yet another year's battle with the forces of evil.'

ALL ARE WELCOME!

1:30 PM- 3:30 PM, SATURDAY, MARCH 22, 2025
In celebration of the Queenship of Blessed Virgin Mary
ST. PATRICK'S CHURCH
39-38 29TH STREET, LONG ISLAND CITY, NY 11101
REV. FATHER ROBERT M. POWERS, ACIES PRESIDER
REV. FATHER ROBERT M. POWERS, CELEBRANT

Annual Catholic Appeal 2025

DIOCESE OF BROOKLYN

Each year, our parish partners with the Diocese of Brooklyn in the Annual Catholic Appeal, which funds essential Catholic programs across Brooklyn and Queens. This initiative profoundly impacts countless individuals and families in our communities while benefiting our parish. Through the Annual Catholic Appeal, we support vital programs that no single parish could sustain on its own.

Why is your participation important?

As disciples of Jesus**,** we recognize that our commitment to our parish extends to the diocese, which unites us with the broader Catholic community as one body in Christ.

When one part of the body is absent, the whole body feels the impact, making it harder to thrive. In the same way, your participation in this Appeal—beyond your regular Sunday offering—directly affects our parish's ability to carry out Christ's mission while ensuring we receive the essential support that connects us to the larger Catholic Church.

We invite you to stand with us as a Church united in communion and charity across Brooklyn and Queens by making a pledge to the Annual Catholic Appeal today at AnnualCatholicAppeal.org or by texting **DONATE** to **917-336-1255**.

The Annual Catholic Appeal aims to raise a minimum of $8 million to fund essential programs and ministries across the Diocese while supporting the local initiatives of parishes like ours.

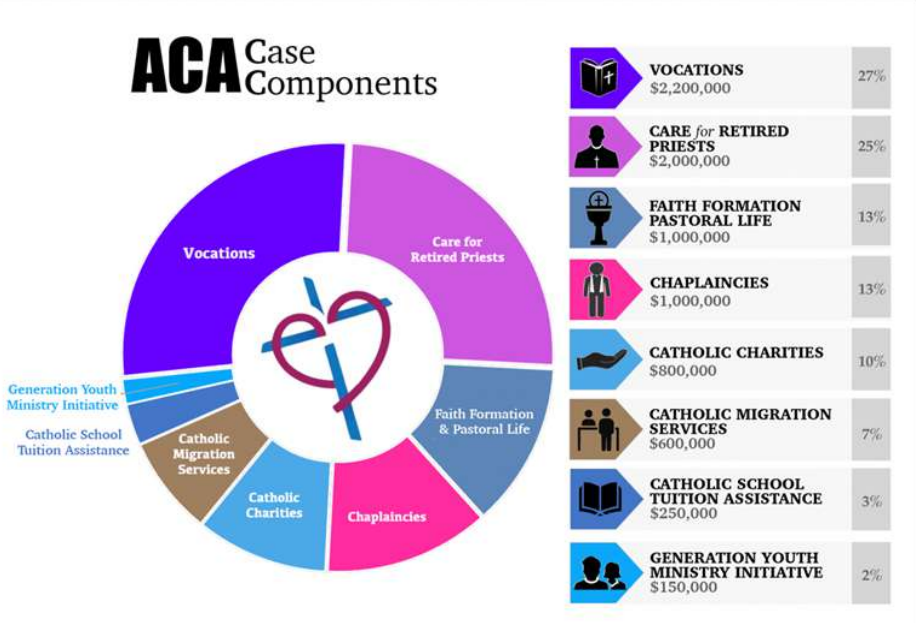
At our parish, the goal is **$67,831.**

Once we surpass this goal, 100% of the additional funds raised will be returned directly to our parish.

If you have any questions about the Annual Catholic Appeal or would like to schedule an appointment to make a contribution, please contact the Parish Office at **718.278.1834.**

Jubilee of **Hope**, **Renewal** of **Faith** and **Charity**

What does the Annual Catholic Appeal Support?



Annual Catholic Appeal 2025

DIOCESE OF BROOKLYN

Cada año, nuestra parroquia se une a la Diócesis de Brooklyn en la **Campaña Católica Anual**, que financia programas esenciales en toda Brooklyn y Queens. Esta iniciativa tiene un profundo impacto en innumerables personas y familias dentro de nuestras comunidades, al mismo tiempo que beneficia a nuestra parroquia. A través de la **Campaña Católica Anual**, apoyamos programas vitales que ninguna parroquia podría sostener por sí sola.

¿Por qué es importante su participación?

Como discípulos de Jesús, reconocemos que nuestro compromiso con la parroquia también se extiende a la diócesis, que nos une con la comunidad católica en su totalidad como un solo cuerpo en Cristo.

Cuando una parte del cuerpo está ausente, todo el cuerpo lo siente, dificultando su crecimiento y fortaleza. De la misma manera, su participación en esta Campaña—más allá de su ofrenda dominical regular—impacta directamente la capacidad de nuestra parroquia para llevar adelante la misión de Cristo, al tiempo que garantiza el apoyo esencial que nos conecta con la Iglesia Católica en su conjunto.

Le invitamos a unirse a nosotros como **una Iglesia unida en comunión y caridad** en Brooklyn y Queens haciendo su compromiso con la **Campaña Católica Anual** hoy en **AnnualCatholicAppeal.org** o enviando un mensaje de texto con la palabra **DONATE** al **917-336-1255**.

La Campaña Católica Anual tiene como objetivo recaudar un mínimo de $8 millones para financiar programas y ministerios esenciales en toda la Diócesis, al mismo tiempo que apoya las iniciativas locales de parroquias como la nuestra.

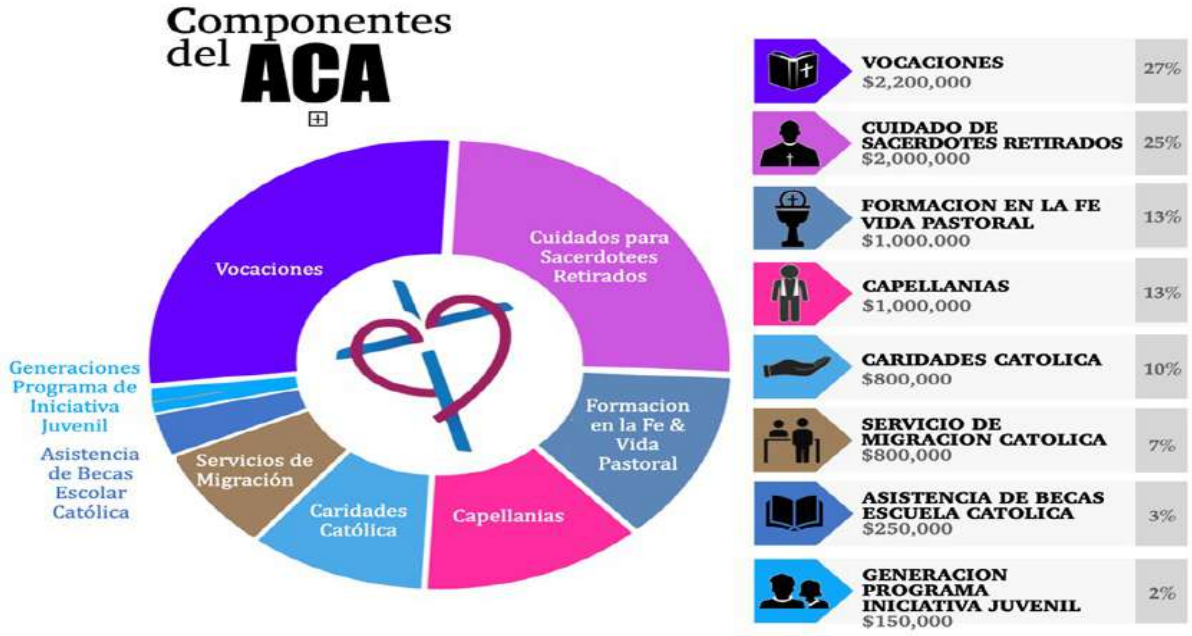
Nuestra meta es $67,831.

Una vez que superemos esta meta, el 100% de los fondos adicionales recaudados serán devueltos directamente a nuestra parroquia.

Si tiene preguntas sobre la Campaña Católica Anual o desea programar una cita para hacer una contribución, comuníquese con la Oficina Parroquial al **718.278.1834.**

Jubileo de **Esperanza,**
Renovación de **Fe**
y **Caridad**

¿Cómo se beneficiará nuestra Parroquia?



LENTEN REGULATIONS

The season of Lent begins with Ash Wednesday on March 5, 2025. It is a time of hope-filled renewal as the Church journeys towards Easter. During Lent, the Church calls us to a deeper spirit of penance and conversion. To foster this spirit, we would like to remind everyone of the following obligations:

ABSTINENCE: Catholics age 14 and older are required to abstain from meat on Ash Wednesday, every Friday of Lent and Good Friday.

FASTING: Adult Catholics age 18-59 inclusive are to fast on Ash Wednesday and Good Friday, limiting food to one full meal with minimal food at the other two meals and nothing in between.

ALMSGIVING: Catholics are encouraged to express their Lenten conversion towards God and one another through regular contribution to their parish and support of charities like the diocesan Annual Catholic Appeal.

Those not bound by these regulations, such as young and elderly persons or those who are sick, are encouraged to practice other forms of personal penance and sacrifice.

The faithful are urged to celebrate the Sacraments of the Eucharist and Penances frequently during Lent as well as reading the Word of God, praying the Stations of the Cross, praying before the Blessed Sacrament and performing acts of charity especially to the poor.

NORMAS PARA LA CUARESMA

La Cuaresma es un tiempo de gracia y conversión que nos prepara para la Pascua. Este camino inicia con el Miércoles de Ceniza, el 5 de marzo de 2025, y es una oportunidad para renovar nuestra fe y acercarnos más a Dios. Durante estos 40 días, la Iglesia nos invita a vivir con más intensidad la penitencia, como signo de nuestro deseo de conversión. Para ayudarnos en este camino, recordemos las siguientes obligaciones cuaresmales:

ABSTINENCIA: Todos los católicos a partir de los 14 años deben abstenerse de comer carne el Miércoles de Ceniza, todos los viernes de Cuaresma y el Viernes Santo.

AYUNO: Los católicos entre 18 y 59 años deben practicar el ayuno el Miércoles de Ceniza y el Viernes Santo. Esto significa hacer una sola comida fuerte al día, con la posibilidad de ingerir algo ligero en las otras dos comidas y nada entre ellas.

LIMOSNA: La Cuaresma es un tiempo propicio para compartir con quienes más lo necesitan. Se nos anima a contribuir generosamente con nuestra parroquia y con obras de caridad, como la Campaña Católica Anual de la diócesis, en espíritu de solidaridad y amor fraterno.

Los niños, ancianos y enfermos que no puedan cumplir con estas normas están invitados a ofrecer otras formas de sacrificio y penitencia, según sus posibilidades.

Se recomienda a los fieles vivir intensamente este tiempo asistiendo con frecuencia a la Santa Misa, recibiendo el Sacramento de la Reconciliación, meditando la Palabra de Dios, rezando el Vía Crucis, adorando al Santísimo Sacramento y realizando obras de caridad, especialmente con los más necesitados.

"COURAGE IS CONTAGIOUS" MARCH 25, 2025

Fr Chris Alar, MIC
Hosts EWTN "Living the Divine Mercy", Director, Association of Marian Helpers.

2025 WALK's.
GUEST SPEAKER

Rebecca Kiessling
International Pro-Life Speaker and Attorney, Conceived in Rape.

2025 WALK's.
GRAND MARSHAL

Fr Fidelis Moscinski, CFR
*General Procurator, among the 23 pro-lifers who were unjustly prosecuted by Biden DOJ who unconstitutionally weaponized the FACE ACT. Pardoned by President Donald Trump Jan. 23, 2025 * LUNCH GUEST SPEAKER*

BROUGHT TO YOU BY PERSONHOODEDUCATIONNY.COM

2 EVENTS-SAME DAY

2025
INTERNATIONAL
GIFT OF LIFE WALK-NYC

REGISTER HERE:

FOLLOWED BY

LUNCH WITH A FRIAR
FR. FIDELIS MOSCINSKI,

RESERVE YOUR early bird SEAT Here:

2025 INTERNATIONAL GIFT OF LIFE WALK-NYC

This year will be the 9th Annual pro-life walk in NYC. Every year we honor the vision of St. John Paul II when he designated March 25, as the International Day of the Pre-born Child. The mission of this Walk is claim the Personhood of all humans at the moment of conception. With that carries the recognition of the worth and dignity of every human being, from conception to natural, true death.

GRAND PRO-LIFE MARSHAL Rebecca Kiessling International Pro-Life Speaker, Conceived In Rape

Rebecca Kiessling has been an international pro-life speaker and adoption speaker since 1995, speaking for various pro-life organizations, including right to life groups, crisis pregnancy center fundraisers, 40 Days for Life events, rallies, churches, high schools, universities, Students for Life, women's conferences, attorney conferences, adoption events, etc., throughout North America, Europe, and Latin America about 50 - 75 times/year. legislators across the U.S., Canada, Europe and Latin America.

SPECIAL GUEST SPEAKER, FR. CHRIS ALAR, MIC is a priest with the Marian Fathers of the Immaculate Conception. Father Chris wrote and produced the popular "Divine Mercy 101" and "Explaining the Faith" DVD series. He is an international speaker and is a regular host and guest on EWTN.Watch his talks and programs on DivineMercyPlus.org.

RALLY & WALK LOCATION:
11AM RALLY
FOLEY SQUARE
148-152 WORTH STREET
NYC, NY 10013

LUNCH @ CARRAGHER'S NYC
TIME: **1:30-4:30PM**
LOCATION:
17 John Street, NY, NY 10038

CALL (631) 487-7578 for BUS information*

JESUS
CALMA LA TORMENTA

HORA SANTA 3:00- 4:30PM

GRUPO DE ORACIÓN:
RCC LES INVITA AL
RETIRO DE CUARESMA

DÍA 15 DE MARZO 2025
PARROQUIA
N. SRA DE MONTE CARMELO
23-25 NEWTOWN AVE.
9:00AM 4:30PM
INF:347 4847976 - 347 7697723

EN LA PREDICA: LAS HERMANAS :
MARIA ACEVES
NURYS RODRIGUEZ

MUSICA : RODRIGO RIVADENEIRA

Live In A Manner Worthy Of The Call You Have Received

CAMINATA 2025

All youth & families (especially those in Confirmation classes in our Religious Education program) are welcome to participate in this year's Caminata, a walk-a-thon of praise, prayer and worship. This year the Jornada Movement will be walking & evangelizing in the streets of Brooklyn through the Woodhaven & Cypress Hills neighborhoods, making stops at different parishes along the route. Please speak with Luis Sanchez at the parish office for more information regarding this event, and how to attend and receive community service hours, if needed.

April 12, 2025 - ZONE 4

St.Michael/St. Malachy - Brooklyn
237 Jerome St, Brooklyn, NY 11207
9:30AM

Todos los jóvenes y sus familias (especialmente aquellos en las clases de Confirmación) son bienvenidos a participar en la Caminata de este año, un maratón de alabanza, oración y adoración. Este año, el Movimiento de Jornada caminará y evangelizará en las calles de Brooklyn, recorriendo los vecindarios de Woodhaven y Cypress Hills, haciendo paradas en diferentes parroquias a lo largo de la ruta. Por favor, comuníquese con Luis Sánchez en la oficina parroquial para obtener más información sobre este evento, cómo asistir y cómo recibir horas de servicio comunitario, si es necesario.