

23-25 NEWTOWN AVENUE, ASTORIA, NY 11102 | 718.278.1834

SUNDAY, JUNE 26, 2022

13TH SUNDAY IN ORDINARY TIME

GIO

And another said, "I will follow you, Lord, but first let me say farewell to my family at home." To him Jesus said, "No one who sets a hand to the plow and looks to what was left behind is fit for the kingdom of God." - Lk 9:61-62

The Mission of our parish is to serve our neighbors with Jesus, to pray in faith with Jesus, and to evangelize with Jesus, so "that all may have more abundant life." (John 10:10). The Word of God, the Sacraments, and the Catechism of the Catholic Church are the instruments and standards of this work of evangelization and faith formation.

OUR LADY OF MOUNT CARMEL ROMAN CATHOLIC CHURCH

PARISH MANAGER

Celeste Stewart, Ext. 111 cstewart@diobrook.org church@mountcarmelastoria.org

RELIGIOUS ED COORDINATOR

Nelly Gutierrez, Ext. 114 reled@mountcarmelastoria.org ccdmountcarmel@gmail.com

OFFICE RECEPTIONIST

Luis Sanchez Ext. 110 reception@mountcarmelastoria.org



PASTOR

Rev. Msgr. Cuong M. Pham *cpham@diobrook.org*

PAROCHIAL VICARS

Rev. Michael McHugh Rev. Joseph Hung Tran

PERMANENT DEACONS

Deacon Ruben Mendez Deacon Jacob Rodriguez

RETIRED PRIESTS IN RESIDENCE

Rev. Ed Brady, Pastor Emeritus Rev. Joseph Tan Pham Rev. Msgr. John Harrington, K.H.S.

MUSIC DIRECTOR

Lucille Mascia music@mountcarmelastoria.org

MASS INTENTIONS FOR THE WEEK

SATURDAY, JUNE 25

(The Immaculate Heart of the Blessed Virgin Mary)

5:00pm Cecilia Socci, Declan French, Jaime Arenas, Maria Theresa Bucasan (1st Anniversary),

Ana Belanich, Gladys Brume (Living)

SUNDAY, JUNE 26

(Thirteenth Sunday in Ordinary Time)

8:00am Barry Amodeo 9:00am Mario Carullo

9:30am Graciela V. Montalvo

(58th Wedding Anniversary)

11:00am Carlos C. DeGuzman

(Birthday Anniversary)

12:30pm Francisco Jose Marcial, Livia Vargas Ruiz,

Karina Lariño, Guillermo Valencia y por

Luis & Maria Quizhpi en su 40 Aniversario

de Matrimonio

5:00pm For the people of our parish

MONDAY, JUNE 27 (Saint Cyril of Alexandria)

8:00am Antonio Goncalves 12:00pm Nick & Raffaela Mossa

(Wedding Anniversary Memorial)

TUESDAY, JUNE 28 (Saint Irenaeus)

8:00am Conception de los Santos

12:00pm Margarita & Epifanio Mercader

WEDNESDAY, JUNE 29 (Saints Peter & Paul)

8:00am Natividad P. Nicasio (Death Anniversary)

12:00pm Anotnio & Clotilde Del Greco

THURSDAY, JUNE 30

8:00am Blaze Montuori

12:00pm Nicolo Sacramone (25th Anniversary)

FRIDAY, JULY 1 (Saint Junipero Serra)

8:00am Purgatorial Society 12:00pm James M. Roeder 7:30pm Luz Cobos

SATURDAY, JULY 2

8:00am Gaspare Barretta

5:00pm Charles Timothy Cyr, Winthrop Liwag,

Maria Theresa Bucasan (1st Anniversary),

Giovanni Silva

SUNDAY, JULY 3

(Fourteenth Sunday in Ordinary Time)

8:00am Blaze Montuori 9:00am Mario Carullo

9:30am The Living & Deceased

11:00am Jimmy Garcia

12:30pm Refugio Garcia & Bladimir Soriano,

Miguel Carlos Fuentes (3 Aniversario), Jesus Fuentes Fuentes, Abdel Halim Majid, Dagoberto Guillermo Magallanes Perez

Rosa Bustamante Camacho,

Emily-Aleinad Polanco (3 Cumpleaños)

5:00pm For the people of our parish

MEMORIAL GIFTS THIS WEEK

The Altar Candles are being offered for Salvatore & Rosalia Arcabascio

by Ida Barretta

The Sanctuary Lamp is being offered for

Nicolo Sacramone

by Rocco, Maria & Patrizia

MASS SCHEDULE

Saturday 5:00 PM (Vigil Mass)

Sunday Upper Church:

8:00 AM (English) 9:30 AM (Bi-lingual) 11:00 AM (English) 12:30 PM (Spanish) 3:00 PM (Vietnamese) 5:00 PM (English) Lower Church: 9:00 AM (Italian)

10:30 AM (Czech-Slovak)

Weekdays 8:00 AM and 12:00 Noon

Saturday 8:00 AM

First Fridays 7:30 PM (Spanish)

Holy Days 8:00 AM, 12 PM (English)

and 7:30 PM (Bilingual)

Holidays Only one Mass at 9:00 AM

CONFESSIONS:

Saturday 3:30pm – 4:30pm (lower church)

CHURCH HOURS:

Weekday: 7:00am – 7:00pm Weekend: 7:00am – 6:00pm

Office Hours Weekday:

9:00am - 12:00 Noon & 1:00pm - 8:30pm

Saturday:

9:00am - 12:00 Noon

ST. JOSEPH'S CATHOLIC ACADEMY

28-46 44th St., Astoria, NY 11103 718.728.0724 — www.stjosephsch.org school@mountcarmelastoria.org



Your Weekly Church Offering

(Does not include offerings through Faith Direct)

Last weekend's collection: \$4,022 Same weekend last year: \$5,576

UPCOMING SECOND COLLECTIONS

June 26, 2022: There will be a second collection after communion for Peter's Pence. This collection supports the work of the Holy See to carry out charitable works.

July 10, 2022: There will be a second collection after communion for our parish maintenance. Your generosity enables us to maintain the parish buildings in good condition for your use.

ANNUAL CATHOLIC APPEAL

As of June 20, 2022, 162 of our parishioners have pledged \$56,412 towards our goal of \$67,815. \$46,388 have been collected so far. If you are still considering your donation, please complete a donation envelope by the entrances of the church and or Text **DONATE** to **917-336-1255** today.

A parte del 20 de Junio, 2022, 162 de nuestros feligreses han prometido \$56,412 hacia nuestra meta de \$67,815. \$46,388 han sido colectados hasta ahora. Si todavía no han hecho su compromiso, complete un sobre de donación por las entradas de la iglesia o envíe hoy un mensaje de texto con la palabra **DONATE** al **917-336-1255.**

E-GIVING OPPORTUNITY

When your summer travels take you away from Sunday services, eGiving lets you continue to support your parish and the ministries you cherish. You can sign up from your computer, smartphone or tablet, and plan your summer offertory by setting up a recurring donation.

eGiving sustains our parish through the busy summer months. You'll provide us with consistent support, even if you're away on a Sunday, so the programs, services, and ministries that mean so much to our community will never miss a beat.

Sign up today by visiting **faith.direct/NY370**, or text "Enroll" to **(929) 254-3850**. Your generosity will go a long way.



Another way to securely make a gift to our parish is by texting a dollar amount to (929) 254-3850. You will be prompted to complete a one-time registration providing your billing and contact information. After this registration, you can give any time by texting a dollar amount to the phone number above. Many parishioners and families have found this way of giving very easy, fast and efficient.



Dear brothers and sisters in Christ!

As we continue to maneuver through challenging times in our nation and the world, I thought it would be of value to offer you some words of encouragement based on our faith.

With each passing day, we are confronted with higher prices at every corner. For example, gas prices have impacted every one of us in unprecedented ways, making life more difficult for those who are already struggling to make ends meet. Just the other day, I had a first-hand experience of this impact when driving from our parish to the National Cemetery in Arlington, Virginia for the funeral of a dear friend - a young Navy officer who died tragically of cancer. As I stopped at the gas stations in three different states, various people approached me to share their anxiety, and frustration, over the rising gas prices. I not only felt their pain in my heart but also in my wallet. It is, without a doubt, that inflation is causing everyone stress.

As a nation, we seem to be "turning the corner" as far as the pandemic is concerned, but now we are confronted with a host of other problems that are no less threatening and disheartening. I am thinking not only about these rising costs, but also about the constant violence and deadly mass shootings that plague our cities; the incendiary political blame games that keep dividing our nation further on the issues of abortion, gender theories, gun control, religious freedom, foreign policy, border security, etc; and the destructive cancel culture that has led to so much intolerance, fear, mental health, and even death. The negative effects of all these issues can be seen everywhere. At times, they even project a sense of powerlessness and despair. "When is it going to end," many people ask. I find myself asking these same questions over and over, even in my prayers.

Nevertheless, I am a firm believer. I believe that God never abandons us. He never leaves us alone in our suffering. In Him, we find meaning and purpose in all things, including the problems that we face each day. As the psalmist sings on this Thirteenth Sunday in Ordinary Time: "My heart is glad and my soul rejoices. My body, too, abides in confidence, because you will not abandon my soul to the netherworld, nor will you suffer your faithful one to undergo corruption. You will show me the path to life, the fullness of joy in your presence, the delights at your right hand forever. You are my inheritance!" (Psalm 16). How reassuring it would be to be able to repeat these words and make them our own in prayer these days!

I want to encourage you to stay "laser-focused" on the Lord as the One who walks with us; who is always by our side; who knows and supplies all our needs. We just need to be patient and wait for His time. It will come, as it has always been in our history. Things will get better. I know you're tired. I am too. But hang in there! Jesus has sustained us through all this and he is still sustaining us. He is there for us; we must be there for one another. We must never lose faith and we must do our best to lift the spirit of others. If there's ever a time the enemy would love to divide us, it's now, but we don't have to succumb to his schemes. More than ever, God needs to be at the center of our lives. Contrary to what many are pushing for in our increasingly secularized society, God needs to be more present in every aspect of our lives, including the solutions that we are seeking for all problems.

Jesus never promised that we wouldn't have any hard times or difficult situations to go through, but He did promise that He would walk with us: "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world" (John 16:33). Another Scripture that helps me stay focused during these times is: "Seek first His kingdom and His righteousness, and all these things will be given to you as well" (Matthew 6:33).

And so, brothers and sisters, hope in the Lord, and take heart! Remember that the darkest time is when the light of the Gospel is brightest! It might seem to you like a "little light," but what a difference it can make! May these words of assurance inspire all of us to get through these challenging times together...

Faithfully yours in Christ! *Msgr. Cuong M. Pham*

¡Queridos hermanos y hermanas en Cristo!

inflación está causando estrés a todos.

A medida que continuamos maniobrando a través de tiempos difíciles en nuestra nación y el mundo, pensé que sería valioso ofrecerles algunas palabras de aliento basadas en nuestra fe.



Con cada día que pasa, nos enfrentamos a precios más altos en cada esquina. Por ejemplo, los precios de la gasolina nos han impactado a todos de una manera sin precedentes, haciendo la vida más difícil para aquellos que ya están luchando para llegar a fin de mes. Justo el otro día, tuve una experiencia de primera mano de este impacto cuando conducía desde nuestra parroquia hasta el Cementerio Nacional en Arlington, Virginia, para el funeral de un querido amigo, un joven oficial de la Marina que murió trágicamente de cáncer. Cuando me detuve en las estaciones de servicio en tres estados diferentes, varias personas se me acercaron para compartir su ansiedad y frustración por el aumento de los

precios de la gasolina. No solo sentí su dolor en mi corazón sino también en mi billetera. Es, sin duda, que la

Como nación, parece que estamos "doblando la esquina" en lo que respecta a la pandemia, pero ahora nos enfrentamos a una serie de otros problemas que no son menos amenazantes y desalentadores. Estoy pensando no solo en estos costos crecientes, sino también en la violencia constante y los tiroteos masivos mortales que plagan nuestras ciudades; los incendiarios juegos políticos de culpa que siguen dividiendo aún más a nuestra nación en los temas del aborto, las teorías de género, el control de armas, la libertad religiosa, la política exterior, la seguridad fronteriza, etc.; y la destructiva cultura de cancelación que ha llevado a tanta intolerancia, miedo, salud mental e incluso la muerte. Los efectos negativos de todos estos problemas se pueden ver en todas partes. A veces, incluso proyectan una sensación de impotencia y desesperación. "¿Cuándo va a terminar?" se pregunta mucha gente. Me encuentro haciéndome estas mismas preguntas una y otra vez, incluso en mis oraciones.

Sin embargo, soy un firme creyente. Creo que Dios nunca nos abandona. Él nunca nos deja solos en nuestro sufrimiento. En Él, encontramos significado y propósito en todas las cosas, incluidos los problemas que enfrentamos cada día. Como canta el salmista en este Decimotercer Domingo del Tiempo Ordinario: "Se alegra mi corazón y se regocija mi alma. Mi cuerpo también permanece en confianza, porque no abandonarás mi alma en el inframundo, ni permitirás que tu fiel sufra corrupción. Me mostrarás el camino de la vida, la plenitud del gozo en tu presencia, las delicias a tu diestra para siempre. ¡Eres mi herencia!" (Salmo 16). ¡Qué alentador sería poder repetir estas palabras y hacerlas nuestras en la oración de estos días!

Quiero animarlos a permanecer enfocados en el Señor como Aquel que camina con nosotros; que siempre está a nuestro lado; que conoce y suple todas nuestras necesidades. Solo necesitamos ser pacientes y esperar Su tiempo. Vendrá, como siempre ha sido en nuestra historia. Las cosas se pondrán mejor. Sé que estás cansado. Yo también. ¡Pero aguanta! Jesús nos ha sostenido a través de todo esto y todavía nos sostiene. Él está ahí para nosotros; debemos estar ahí el uno para el otro. Nunca debemos perder la fe y debemos hacer todo lo posible para levantar el espíritu de los demás. Si alguna vez hay un momento en que al enemigo le encantaría dividirnos, es ahora, pero no tenemos que sucumbir a sus planes. Más que nunca, Dios necesita estar en el centro de nuestras vidas. Al contrario de lo que muchos están presionando en nuestra sociedad cada vez más secularizada, Dios necesita estar más presente en todos los aspectos de nuestras vidas, incluidas las soluciones que estamos buscando para todos los problemas.

Jesús nunca prometió que no tendríamos que pasar por momentos o situaciones difíciles, pero sí prometió que caminaría con nosotros: "Estas cosas les he dicho para que en mí tengan paz. En este mundo tendrás problemas. ¡Pero anímate! Yo he vencido al mundo." (Juan 16:33). Otro pasaje bíblico que me ayuda a mantenerme enfocado durante estos tiempos es: "Busca primeramente su reino y su justicia, y todas estas cosas serán añadidas." (Mateo 6:33).

Así que, hermanos y hermanas, ¡esperen en el Señor y anímense! ¡Recuerde que el momento más oscuro es cuando la luz del Evangelio es más brillante! Puede parecerle una "pequeña luz", ¡pero qué diferencia puede hacer! Que estas palabras de seguridad nos inspiren a todos a superar juntos estos tiempos difíciles...

Fielmente suyo en Cristo! *Mons. Cuong M. Pham*

THIS WEEK IN OUR PARISH

Sunday, June 19

9:00am – 11:30am Reunion de Amistad Nazareth 10:00am – 1:00pm Czech Community Lourdes A/B 10:00am – 12:00pm Spanish RCIA Fatima+ Upper Room 10:30am – 12:30pm Cursillo Guadalupe A/B

Tuesday, June 21

7:00am – 4:00pm Young Womens Leadership Gym
3:30pm – 6:00pm Porque Ser Catolico? Fatima
5:30pm – 6:45pm Mariachi School Balcony Rooms
6:00pm – 9:00pm Marriage Encounter Guadalupe+ Fatima
7:00pm – 9:00pm Coro #1 Nazareth
7:00pm – 8:00pm English Baptism Instruction Lourdes A/B

Wednesday, June 22

7:00am — 4:00pm Young Womens Leadership Gym 5:00pm — 9:00pm CYO Gym 7:30pm — 9:30pm Plant-Based Meeting Guadalupe A/B+ Nazareth

Thursday, June 23

7:00am – 9:00pm Young Womens Leadership *Gym* 10:00am – 11:30am Legion of Mary *Guadalupe B*

Friday, June 24

7:00am — 4:00pm Young Women's Leadership *Gym* 4:00pm — 11:00pm Fiesta del Sagrado Corazon *Guadalupe*

Saturday, June 25

9:00am - 12:30pm AA Meeting Guadalupe A 10:00am – 12:00pm Spanish Children's Choir Upper Room 10:00am – 1:00pm Saturday Lessons in Faith Lourdes A/B 4:00pm – 9:00pm **Adult Sewing Group** Lourdes A/B 5:00 pm - 7:00 pmMinisterio de Consolacion Nazareth BiLingual Choir Upper Room 5:00 pm - 8:00 pmGuadalupe A/B 6:00pm **-** 9:00pm **OLMC** Ballet

Sunday, June 26

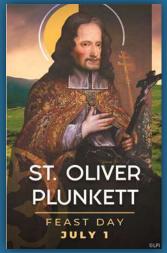
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Follow us on Social Media: @OLMCAstoria

http://mountcarmelastoria.org







Saint Oliver Plunkett was the last Roman Catholic Martyr to die in England. He was canonized in 1975, the first new Irish saint in almost 700 years.

Oliver was born in Loughcrew, Oldcastle, County Meath in November 1625, the son of the Baron of Loughcrew.. As a young man, he wanted to become a priest, but it was illegal to travel to the continent to enter seminary. Even so, he undertook the dangerous journey with four other young men and a Papal Envoy. They were pursued by English privateers, storms at sea, and robbers on land. However, Oliver entered Rome in 1647, and was admitted to the Irish College. He was an excellent student and was ordained on January 1, 1654. Oliver remained in Rome, studied law and served as chaplain at Spienza University, ministered at Santo Spirito hospital, and cared for the poor and ill. By 1657 he was a professor of Theology and later of Apologetics or Controversies at Propaganda College.

The 1650s were a difficult time in for Catholics in Ireland, the majority of the population, as Cromwell passed many penal laws against them, and the practice of Catholicism was banned. During this time Oliver was appointed by Irish bishops to be their agent in Rome. Following the Restoration of Monarchy, Pope Clement IX appointed Oliver Archbishop of Armagh and Primate of all Ireland 1669. Oliver returned to a country where the Catholic Church was in disarray and divided. He had to travel largely incognito and perform his duties in makeshift locations. He is credited with unifying the Church and in traveling across the eleven under his purview, dioceses confirming thousands, and ordaining several priests.



PARISH REGISTRATION

We encourage all who worship with us to consider joining our parish officially. Registering will enable our parish to serve your spiritual needs better. Please return this form in the collection or drop it off at the parish office. Your active participation will strengthen your faith and your sense of belonging in God's family.

Registrarse oficialmente permitirá que nuestra parroquia les pueda servir sus necesidades espirituales mejor. Por favor devuelva este formulario en la colecta o déjelo en la oficina parroquial. Su participación activa fortalecerá su fe y su sentido de pertenencia en la familia de Dios.

| Last Name/Apellido: |
|---|
| First Name/Nombre: |
| Spouse/Esposo(a): |
| Address/Dirección: |
| i ! |
| Telephone/Telefono: |
| E-mail/Correo electrónico: |
| PLEASE CHECK/MARQUE SUS OPCIONES |
| [] New Registration [] Change of Name/Address |
| [] I prefer envelopes [] I prefer E-giving |

SATURDAYS OF REPARATION

"I promise to assist at the hour of death with the graces necessary for salvation all those who, in order to make reparation to me, on the First Saturday of five successive months, go to confession, receive Holy Communion, say five decades of the Rosary, and keep me company for a quarter of an hour, meditating on the mysteries of the Rosary." - Our Lady to Saint Lucia at Fatima.

Join us in making the Act of Reparation to the Immaculate Heart of Mary on the first five Saturdays of the month as follows:

July 2, August 6 & September 3, October 1 Mass at 8:00am in the lower church (Rosary recitation following the Mass).

REGISTER YOUR CHILDREN FOR RELIGIOUS EDUCATION

We are still accepting applications for Religious Ed. for all students, returning and new. Parents of current students have to ask for the re-registration form at the office for review and payment. For more information please contact the Religious Formation Office.

PURGATORIAL SOCIETY

Remembering our deceased loved ones by having our them prayed for at Mass on every first Friday of the month — the day traditionally dedicated to the Sacred Heart of Jesus, is a meaningful way to express our love. Those enrolled the Purgatorial Society will be remembered for a whole year. We have just enrolled Anna Danyluk & Eugenio Acevedo.

PRAYING FOR THE SICK

Would you like the parish community to pray for your loved ones who are sick or suffering in our daily Mass? You may enroll their names in our Prayer List by calling the parish office. This is a meaningful way to comfort and console those who are most in need of healing and peace through the power of prayer.



We are praying for Angelo E.P. Mazza, Anthony Pelle, Alex Lidster, Sakina Santiago, Cruz Acevedo, Marcia DaSilva & James Lesley DeSilva.

EATING FOR CARDIOVASCULAR HEALTH

A heart-healthy diet can help you lose weight and cholesterol, blood your pressure, triglycerides. But did you know it can prevent, treat, and sometimes even reverse heart disease? While our nation's #1 cause of death may take years to develop into a cardiac event, we can take steps today to reduce our risk factors. Join Our Lady of Mt. Carmel Church and Plant Powered Metro New York to hear first-hand experience from Jim Spellos, PPMNY Technology Advisor & Events Facilitator, about how adopting a plant-based lifestyle not only led to dramatic weight loss but helped him recover from an ischemic stroke. Jim will reveal how others with cardiovascular concerns can follow in his footsteps with achievable and delicious changes to your daily fare. Join us on Wednesday, June 29, 2022 - 7:30pm-8:30pm.

INFANT BAPTISM/BAUTISMO

Preparation Meeting Baptism Ceremony Tuesday 7:00pm-Institute Sunday-2:00pm-Church

 July 19, 2022
 July 24, 2022

 August 23, 2022
 August 28, 2022

 September 20, 2022
 September 25, 2022

 October 18, 2022
 October 23, 2022

 November 22, 2022
 November 28, 2022

 NO ENGLISH BAPSTISMS IN DECEMBER

FECHAS DE BAUTISMOS EN ESPAÑOL Reunión de Preparación Ceremonia de Bautismo Martes – 6:00pm – Instituto Dom – 2:00pm – Iglesia

Julio 5, 2022 Julio 10, 2022 Agosto 9, 2022 Agosto 14, 2022 Septiembre 6, 2022 Septiembre 11, 2022 Octubre 4, 2022 Octubre 9, 2022 Noviembre 8, 2022 Noviembre 13, 2022 Diciembre 6, 2022 Diciembre 11, 2022

VOCATION DISCERNMENT

"As for you, go and proclaim the kingdom of God." If you are considering a vocation to the priesthood, diaconate or consecrated life, contact the vocations office at 718.827.2454 or email: vocations@diobrook.org.

FIRST FRIDAY EUCHARISTIC ADORATION

Spiritual writers speak of Adoration of the Blessed Sacrament as "the Mass held in contemplation." As a way of encouraging devotion to the Eucharist, we invite all parishioners to come and spend some time before the Real Presence of the Lord on Friday, July 1, 2022. Exposition and Adoration will take place right after the 8:00am Mass and will conclude with Solemn Benediction before the start of the 12 Noon Mass.

RECTORY CLOSING AND MASS SCHEDULE-INDEPENDENCE DAY

The parish office will be closed from Saturday July 2 through Monday, July 4th in observance of Independence Day. There will be only one Mass at 9:00am in the Upper Church on July 4, 2022. The office will re-open on Tuesday, July 5th at 9:00am. We wish everyone a safe and happy Holiday.

CAMPANELLA Youth Choir

From the Czech Republic

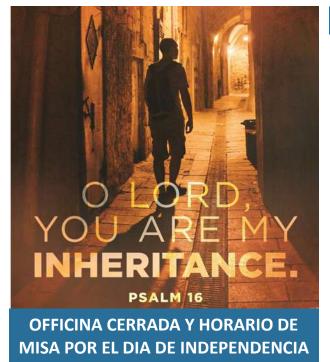
will perform at

Our Lady of Mount Carmel
on Sunday, June 26 at 11:30 AM
Lower Church – FREE ADMISSION





Campanella Choir has performed in 41 countries to great acclaim. Their wide-ranging repertoire stretches from Gregorian Chant to contemporary styles, including Folk Songs from around the world.



La oficina parroquial estará cerrada el lunes, 4 de julio por el Día de la Independencia. Habrá solo una Misa en Ingles a las 9:00am en la Iglesia de Arriba. La oficina volverá abrir el martes, 5 de julio a las 9:00am. Que tengan un buen y sano Día de la Independencia.

SANANDO DESPUES DEL ABORTO

Conoces a alguien que lleve el sufrimiento del aborto? Siempre hay esperanza. El dolor y la pena del aborto no necesitan perdurar para toda la vida. Un "día de Oración y Sanación" ofrece la oportunidad para experimentar el amor y la misericordia de Dios y para responder a Su invitación de empezar el camino de sanar la herida del aborto. Para saber sobre las próximas fechas, ubicaciones, y registro confidencial a las Hermanas de Vida al 866.575.0075. También puede escribir a hopeandhealing@sistersoflife.org o llamar a Rosemary al 646.522.8093.

COMIENDO PARA SU SALUD CARDIOVASCULAR

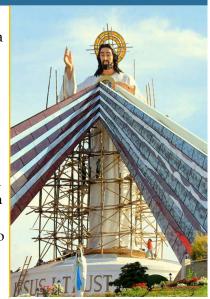
Una dieta saludable para el corazón puede ayudarlo a perder peso y reducir el colesterol, la presión arterial y los triglicéridos. Pero, ¿sabía que puede prevenir, tratar y, a veces, incluso revertir las enfermedades del corazón? La causa de muerte #1 de nuestra nación puede tardar años en convertirse en un evento cardíaco, podemos tomar medidas hoy para reducir nuestros factores de riesgo. Únase a Nuestra Señora del Monte Carmelo y Plant Powered Metro New York para escuchar la experiencia de primera mano de Jim Spellos, asesor tecnológico y facilitador de eventos de PPMNY, sobre cómo adoptar un estilo de vida basado en plantas no solo lo llevó a una pérdida de peso espectacular, sino que lo ayudó a recuperarse de un accidente cerebrovascular isquémico. Jim revelará cómo otras personas con problemas cardiovasculares pueden seguir sus pasos con cambios deliciosos y realizables en su alimentación diaria. Únase a nosotros el miércoles 29 de junio de 2022 de 7:30pm a 8:30pm.

PEREGRINACION AL SANTUARIO NACIONAL DE LA DIVINA MISERICORDIA, ENCUENTRO LATINO

Únase a los Marianos en un día especialmente dedicado a los peregrinos latinos!

Sábado, 6 de Agosto Santuario Nacional de La Divina Misericordia en Stockbridge, MA

Para mas información o para registrarse, comuníquese con José Sandoval, dejando su nombre y teléfono en la oficina parroquial. *Ladivinamisericordia.org*



PROXIMA SEGUNDA COLECTA

10 de julio 2022: Habrá una segunda colecta después de la comunión para nuestro mantenimiento parroquial. Sus donaciones generosas nos permite mantener los espacios y edificios en buena condición para su uso.

INSCRIPCIONES PARA EL CATECISMO

Todavía estamos aceptando registraciones para el catecismo para todos los niños comenzando desde el primer grado. Los padres de estudiantes que ya estuvieron en el catecismo este año pueden pasar por la oficina y pedir un formulario de re-inscripción y solo necesita actualizar la información y hacer el pago. Para más información, por favor comuníquese con la Oficina de Formación Religiosa.



GOSPEL MEDITATION

ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

And to another he said, "Follow me." In every moment of every day, in every circumstance and experience, God is calling us. We can easily get distracted and not hear it or simply ignore it, pretending it wasn't even heard. When we do hear it and favorably respond, there are some conditions that must be met. Jesus makes it clear that once we say yes to his invitation, we must stay focused and forge ahead. We cannot keep looking behind or worry about unfinished business. There are some tasks, and discipleship is one, that require our full devotion.

or someone to give us direction. selves, second guessing choices, continually do with our daily Human nature requires it. Our calculating options, and being affirmation to follow Him. All we has our allegiance. It is tempting to guard can never come down. Only Gianna Molla is credited with given the choice between a either trust him or we don't. "master" that promises worldly success, abundant wealth, status, Saying yes to following Christ does prayer. We will not only hear privilege, and security versus a come with a risk. But it also comes God's call but find the courage to "master" that asks for self-sacrifice, with the brightness of future hopes trust that He will guide us where hardship, suffering, ridicule, and and dreams. There is no need to we need to be. God uses us in the death, to whom do we go? While keep looking behind. Sins are most ordinary of ways through the the promise of immediate pleasure forgiven and regrets serve no simple daily expression of our is enticing, there is always a catch. effective purpose. God is not there. lives.



For all that secular masters can He's moved beyond all that stuff. There are many "masters" vying for promise, they always keep us God is in the today and the our attention. We need something looking behind, checking on our-tomorrow and what he can motives and actions reveal what slaves to excessive worry. Our need to do is be obedient. St. give ourselves to masters that lure one master really promises life: saying, "The stillness of prayer is us with intriguing promises. When Jesus Christ. Hearing his call, we the most essential condition for

fruitful action. Before all else, the disciple kneels down." Begin with

CHRISTIAN INITIATION OF ADULTS

If you are an adult 18 years and older who have not received the Sacraments of Baptism, Communion and/or Confirmation, we invite you to consider preparing yourself to receive these very important spiritual gifts.

The duration of the preparation course typically ranges from six months to a year depending on each person's level of knowledge and commitment to the teachings and practices of the faith. Participants meet with our Deacon and a dedicated team of instructors once a week for an hour. The Sacraments will be conferred next year on Easter or Pentecost during a Solemn Mass.



Please call the parish office to learn how you can participate in our RCIA program. If you know anyone who may benefit from this program, please encourage them to call or speak to one of our priests.

GUIDED BY THE SPIRIT

There will always be something behind us and before us. Time moves on and the world continues to rotate. Will we miss that which exists right before our eyes because they are shut while we are consumed by the past or worried about the future?

When we go about whatever work God has set for us this day, large or small, we cannot get it done if we are looking behind us. Being mindful means to live for the present. It sounds like the simplest thing in the world, but we forget it (I forget it at least once every day). We must be guided by the Spirit.

When we take up the yoke of stewardship, we will never be able to bear it if we rely on our own strength. When we put our hands to the plough, we will never get the job done if we look backwards at our own track record for inspiration. There is no inspiration there. Let the dead bury their dead.

-Tracy Earl Welliver, MTS

LIVE THE LITURGY

INSPIRATION FOR THE WEEK

God calls us in the midst of ordinary things. Often only looking for God in the dramatic, spectacular, the ritual, or the sacred places, we miss that He is walking beside us. Every moment of every day, in every circumstance and experience, God is calling to us, "Follow me." Sometimes, we are too distracted to hear this call. Other times, we would rather ignore it or pretend it wasn't heard. God, however, is very persistent. Whether we fine-tune our hearing to receive this invitation now or when we close our eyes in death, we need to make a choice. The choice involves leaving some things behind and moving forward, taking risks. Choosing to keep focused and single-minded, the lens we then use to see our world and one another is God's, not our own. Life is no longer about what is important or matters to me but what matters to God. We acquire a new filter and are asked to use that filter to make choices, establish priorities, and determine what direction we will take, and how to love. Once we accept God's invitation, we cannot keep looking back to what was left behind, only forward to the surprises yet to come.

I have seen the title of Vicar General and Chancellor used in our Catholic newspaper. Who are they and what do they do?

A bishop is in charge of a diocese and appoints people to help with its administration. Two of those positions are the Vicar General and the Chancellor. Both play a role in the life of a diocese, despite the many jokes priests may tell at their expense! A chancellor is the archivist of a diocese, charged with the task of keeping the records of the diocese. Often a bishop may add other responsibilities and the chancellor may end up being like the executive director of the diocesan office. The chancellor does not need to be a priest.

The vicar general is a priest, appointed by the bishop and acts in the name of the bishop in administering the diocese. He has an advanced degree in canon law or theology. He also has executive authority within the diocese. This means that he is involved in the day-to-day pastoral and temporal administration of the diocese. Canon law does not allow a bishop to appoint a relative to the position, nor the priest in charge of the sacrament of penance. In both cases, the purpose of the law is to avoid conflicts of interest.

